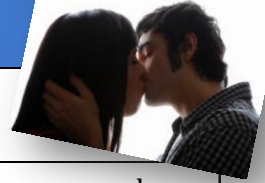


Have you had “*THE TALK*” with your kids?



Kids are **bombarded** by messages about sex every day.
How can you make sure they **listen to YOUR CONCERNS**
over the rest of the noise? Talk to them yourself!
YOU are the best sex educator for your child.

The Poe Center for Health Education with the support of
NCDPI and the NCSHTC want to help by presenting...

The *Parents Matter!* Program

- Tips on how to improve communication
 - Strategies for communicating **your values** to your child
 - Practice answering hard questions
 - Learn the truth about kids’ sexual behavior
 - Talk with other parents dealing with the same issues
 - Information about puberty and other health topics
- This **FREE** 5 week series for parents of 4th and 5th graders, will be
held on Thursday nights,
starting March 31st from 6:00-8:30 pm at
The Poe Center for Health Education, 224 Sunnybrook Road,
Raleigh, NC 27610

Dinner and childcare will be provided for all registered participants.

***There will be a drawing for two \$50 gift cards for all participants
completing the FIVE session program with perfect attendance.***



Please contact Kate Mascho at **919-455-1616** or
k.mascho@poehealth.org

for more information and to register.

