Body Talk

The Alice Aycock Poe Center for Health Education



My Body - Try It Challenge!

1. We use the ______ to help us create a healthy plate. 2. When in life does the weight of the human brain triple? 3. The Cerebellum coordinates what two human functions: 4. Jumping helps to keep the body healthy. Find a way you can measure how high you can jump. I can jump_____ feet and _____ inches high!! 5. Name two ways to protect your brain: 6. What color is the tongue slide at the PlayWELL Park?_ 7. Protect your skin and eyes by wearing what two things:

