

General Support

PoeCenter™

The Alice Aycock Poe Center for Health Education

The **Alice Aycock Poe Center for Health Education** has many statewide friends as we have travelled to 76 of 100 counties in North Carolina over the last 20 years!

Meet Seymour Poe!



Seymour Poe knows a thing or two about being healthy! Seymour is the Poe Center's lean, green mascot that travels throughout North Carolina-spreading healthy messages wherever and whenever Seymour can!

In fulfilling the Poe Center's vision that ALL children and youth in North Carolina will become healthy adults, the Poe Center and Seymour work tirelessly to ensure that all children have access to health education and prevention programming.

Seymour's Pal: Miss Claire Darby

Claire Darby has grown up learning the importance of a healthy lifestyle! The daughter of a Poe Health Educator, (and personal friend of Seymour Poe) Claire Darby has learned a lot from the Poe Center: how to brush and floss her teeth, how to make healthy nutrition choices, and how to resist peer pressures!

Claire Darby is learning how to make positive health choices because she has had the opportunity to experience health education and prevention at Poe.



For every \$15.00 you donate, the Poe Center can provide a child with the same interactive and fun health education programming that Claire Darby and Seymour have experienced!



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