

**YOU'RE INVITED**

**TO THE**

**TEEN HEALTH ADVISORY COUNCIL SESSION**

**ON**

**WEDNESDAY, SEPTEMBER 10, 2014  
FROM 4:30 – 6:30**

**AT THE**

**POE CENTER FOR HEALTH EDUCATION  
224 SUNNYBROOK RD, RALEIGH**

**TEENS, COLLEGE STUDENTS AND ADULTS  
WILL LEARN ABOUT  
NUTRITION, STRENGTH AND CONDITIONING WITH  
REGISTERED DIETITIAN BRENDA BEATTY &  
EXERCISE PHYSIOLOGIST MATT KEPLEY**

**DINNER WILL BE SERVED**

**REGISTRATION RECOMMENDED AT  
[bit.ly/1vKnCHt](http://bit.ly/1vKnCHt)**