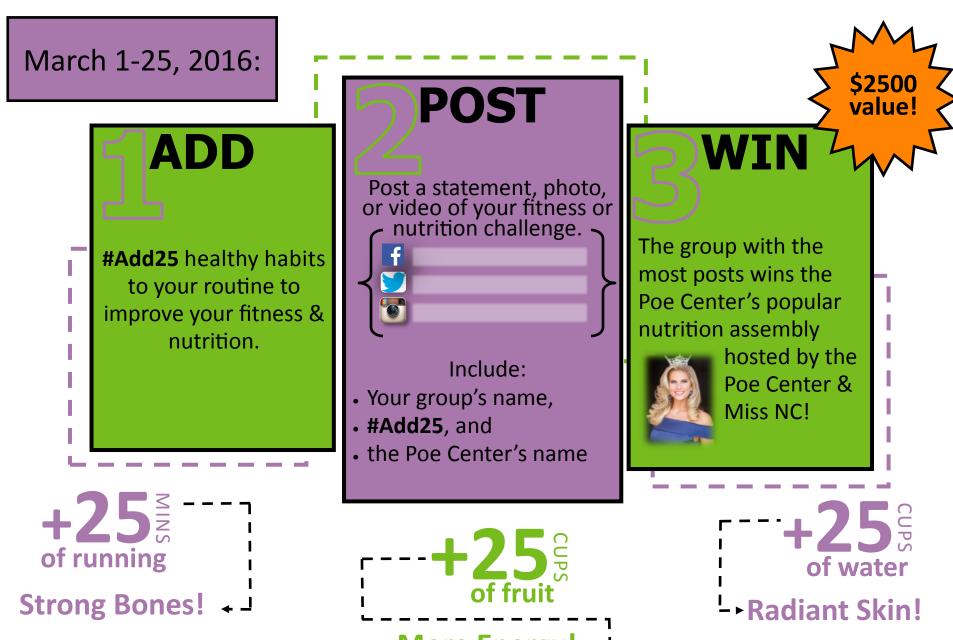


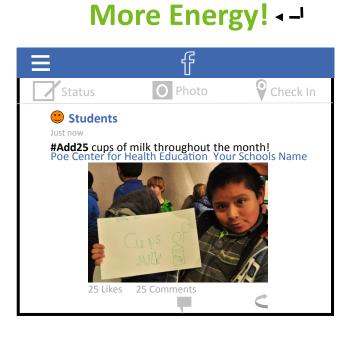


Commit to Being Fit with the Poe Center & Miss NC!

In honor of National Nutrition Month, the Poe Center & Miss North Carolina 2015 are challenging NC schools and organizations to **#Add25** to improve fitness and nutrition.









www.poehealth.org/add25



Poe Center for Health Education

