

guy talk

a workshop for mothers and sons

Join the Poe Center for
fun, informative mother-son time!

Guy Talk will equip boys with accurate age-appropriate information developed to help with healthy growth and development. Workshop topics include the changes which happen during puberty, the reproductive systems, proper nutrition and hygiene, and online safety. Hands-on activities and Poe's 3-D theater exhibits make this an interactive and engaging experience. Guy Talk has been specifically designed with activities that foster and encourage open mother-son communication.



Saturday, August 4
9 a.m. - 11 a.m.

Poe Center for Health Education
224 Sunnybrook Drive
Raleigh, NC 7610

Registration is \$25.00
for each mother/son pair.
\$10 for each additional son.
5th - 8th graders

To register, contact Robin Pittman at
r.pittman@poehealth.org.
Questions? Call 919.231.4006 x322

www.poehealth.org

PoeCenter
The Alice Aycock Poe Center for Health Education