

# Parents MATTER!

Are you apprehensive about talking to your child about SEX? Don't be. If they don't hear the facts from you they WILL get them elsewhere....most likely from sources that are NOT accurate and/or consistent with your beliefs. *Parents Matter!* is a FUN adult program designed to equip parents with the knowledge and skills to be their children's sex educator and to realize the importance of talking openly and frequently with children about sex. No specific values or beliefs are advocated; parents will learn to communicate their own family values comfortably.

**This is a 5 session series for parents of 4<sup>th</sup> & 5<sup>th</sup> graders**

*Group size should be from 15-20 parents.*

Sessions can be provided at  
The Poe Center for Health Education or  
your school or organization



**For more information or to schedule this series  
contact Kate Mascho at 919-231-4006 ext. 399 or  
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