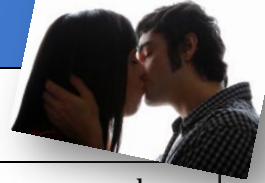


Have you had “*THE TALK*”
with your kids?



Kids are **bombarded** by messages about sex every day.

How can you make sure they **listen to YOUR CONCERNS** over the rest of the noise? Talk to them yourself!

YOU are the best sex educator for your child.

The Parents Matter! Program

- Tips on how to improve communication
- Strategies for communicating **your values** to your child
- Practice answering hard questions
- Learn the truth about kids’ sexual behavior
- Talk with other parents dealing with the same issues
- Information about puberty and other health topics

This 5-week series for parents of 4th & 5th graders will be held on the following **Tuesdays** in November & December from 6:00-8:30 pm.

- Tuesday, November 8th
- Tuesday, November 15th
- Tuesday, November 29th
- Tuesday, December 6th
- Tuesday, December 13th

The sessions will be provided at
Zebulon First Baptist Church, 304 E. Barbee Street, Zebulon, NC

Dinner and childcare are included for each registered participant.



Please contact Kate Mascho at **919-231-4006 ext.399** or

k.mascho@poehealth.org or Chanetta Moore at

Chanetta.Moore@wakegov.com

for more information and to register.

