

The PoeCenter™

The Alice Aycock Poe Center for Health Education

Wishes You a Healthy Holiday!

Meet Seymour Poe!

Seymour Poe knows a thing or two about being healthy! Seymour is the Poe Center's lean, green mascot that travels throughout North Carolina-spreading healthy messages wherever and whenever Seymour can!

In fulfilling the Poe Center's vision that ALL children and youth in North Carolina will become healthy adults, the Poe Center and Seymour work tirelessly to ensure that all children have access to health education and prevention services.

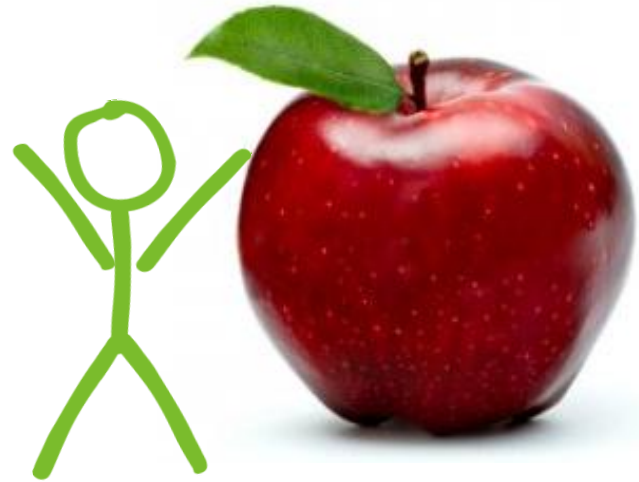
Seymour's Pal: Miss Claire Darby

Claire Darby knows a thing or two about the importance of a healthy lifestyle! The daughter of a Poe Health Educator, (and personal friend of Seymour Poe) Claire Darby has learned a lot from the Poe Center: how to brush and floss her teeth, how to make healthy nutrition choices, and how to resist peer pressures!

Claire Darby is able to make positive health choices because she understands the importance of health education and prevention.

Follow the adventures of Seymour and Claire Darby at:

www.Facebook.com/SeymourPoe



What better way to spread holiday cheer than by giving the gift of health education programming to a child who needs it most?!

Give the Gift of Health Education!



For every \$15 you donate, a N.C. child will be able to attend a Poe program!

After receiving your donation, Poe will send a holiday card to your gift recipient and add to our growing holiday health tree.

Mailing Address:

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Raleigh, NC 27610

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Toll Free: (866) 402-4799

So give it in honor of your favorite teacher, dear friend or family member. This holiday season, North Carolina will make a difference!