

Have you had "THE TALK" with your kids?

Kids are **bombarded** by messages about sex every day.

How can you make sure they **listen to YOUR CONCERNS** over the rest of the noise? Talk to them yourself!

YOU are the best sex educator for your child.

The Poe Center for Health Education with the support of NCDPI, Wake County Human Services and the NCSHTC want to help by presenting...

The Parents Matter! Program

- Tips on how to improve communication
 - Strategies for communicating **your values** to your child
 - Practice answering hard questions
 - Learn the truth about kids' sexual behavior
 - Talk with other parents dealing with the same issues
 - Information about puberty and other health topics
 - **FREE** 5 week series for parents of 9 – 12 year olds
- Monday nights from 6:00 pm to 8:30 pm
 - January 23
 - January 30
 - February 6
 - February 13
 - February 20

FREE!!
Dinner &
Childcare

Session Location:
Zebulon First Baptist Church
304 E. Barbee Street

There will be a drawing for two \$15 gift cards for all participants completing the FIVE session program with perfect attendance.



For more information and to register please contact

Kate Mascho at [919-455-1616](tel:919-455-1616) or k.mascho@poehealth.org
or Chanetta Moore at Chanetta.Moore@wakegov.com

