

# Have you had “*THE TALK*” with your kids?



Kids are **bombarded** by messages about sex every day.

How can you make sure they **listen to YOUR CONCERNS** over the rest of the noise? Talk to them yourself!

**YOU** are the best sex educator for your child.



## The Parents Matter! Program

- Tips on how to improve communication
  - Strategies for communicating **your values** to your child
  - Practice answering hard questions
  - Learn the truth about kids’ sexual behavior
  - Talk with other parents dealing with the same issues
  - Information about puberty and other health topics
  - **FREE** 5 week series for parents of 9 – 12 year olds
- Sunday nights from 5:30 pm to 8:00 pm
    - February 26
    - March 4
    - March 11
    - March 18
    - March 25

**FREE!!**  
Dinner &  
Childcare

Session Location:  
Middle Creek Community Center  
123 Middle Creek Park Avenue  
Apex, NC 27539

*There will be a drawing for two \$15 gift cards for all participants completing the FIVE session program with perfect attendance.*



**For more information and to register please contact**

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