

Attention Parents... Middle School Summer Workshop!!

at



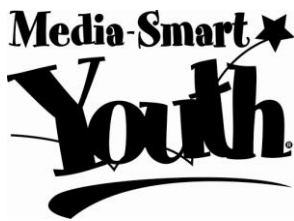
Where: The Alice Aycock Poe Center
224 Sunnybrook Road, Raleigh 27610

When: June 17-21 or August 5-9, 2013 (choose one)
from 9 am to 1 pm

Who: For rising 6- rising 8th graders

The cost for the workshop is **\$175.00 per child.**

A healthy snack and lunch will be provided.



Media-Smart Youth: Eat, Think, and Be Active! was developed in response to increased rates of childhood obesity and decreased levels of physical activity among young people. The sessions include many fun activities that will help youth learn how to ask questions and think about what they see in the media, how to make healthful food choices in real-life settings, and how to increase physical activity in

their daily lives. The youth may be asked to answer a few questions before and after the workshop to assess what they know about these topics.

We hope your child will participate in Media-Smart Youth and encourage you to ask your child about workshop activities. To facilitate this, your child will be bringing home Tips for Media-Smart Parents after each lesson, which summarizes what he or she has learned and provides tips for how to put this learning into action at home with the whole family.

- Yes, my child may be videotaped or photographed as a part of his or her participation in Media-Smart Youth. This may include my child being interviewed during the duration of this project. I give the organization and those acting and affiliated with this project the authority and permission to own, copyright, use, re-use, publish, and re-publish photographic portraits, pictures, or audiovisual materials in which my child may be included. My child's name will not be used with any of the photos, images, or other materials. I also give permission to The Alice Aycock Poe Center and its partners to use any printed materials or videotapes that include my child.

Snacks and Lunch will be provided to all youth during the workshop.

- My child has the following food and/or drink allergies:
(Please list any other allergies or medical conditions we should know about)

Youth's name (print): _____

Parent/guardian name (print): _____

Parent/guardian signature: _____

Telephone (indicate which parent/guardian): _____

(work): _____

(home): _____

(cell): _____

Email: _____

For more information to submit your application, please contact

Lauren McCallum
919-231-4006
l.mccallum@poehealth.org

Applications may be mailed to:
Poe Center
ATTN: Lauren McCallum
224 Sunnybrook Road
Raleigh NC 27610

Payment in full is due by: May 15 for the June session & July 1 for the August session