

girl talk.

a workshop for mothers and daughters

*Join us at the Poe Center for fun, informative
mother-daughter time!*

Girl Talk addresses the timely topic of adolescent growth and development and the physical, social and emotional changes that girls experience during puberty. 3-D theater exhibits, hands-on activities, movies and candid discussions help moms and daughters explore a range of topics from the workings of the reproductive system to the menstrual cycle to feminine hygiene protection & more.



Registration is
for each mother & daughter pair.
for each additional daughter.
4th – 6th graders

To register, contact Robin Pittman at
r.pittman@poehealth.org.
Questions? Call 919.231.4006 x322

PoeCenter **25**
The Alice Aycock Poe Center for Health Education **25 YEARS**