

# #YouthCulture Workshop for Adults: E-Cigarettes 101



## E-Cigarettes 101

Presented by the Poe Center

January 17th, 2020

8:30 a.m. - 10:00 a.m.

Martin Middle School

1701 Ridge Road, Raleigh NC 27607

This **ADULTS ONLY** program addresses the growing concern of e-cigarettes and youth. Participants will explore adolescent brain development and effects of e-cigarettes as we cover the latest research. We will also take a look at the risk factors for use, and the protective factors that help prevent use. A discussion on resources and strategies for increasing protective factors with our youth will leave attendees with tools for the next steps.

### What is our #YouthCulture workshop series?

- Our **#YouthCulture** series is designed to empower parents and guardians by providing insight into the environment and culture around our youth.
- Parents and adults who work with elementary, middle and high school students are strongly encouraged to participate. This **FREE** programming is for **ADULTS ONLY!**

To reserve your spot, please register online at <https://bit.ly/362d5QM> or contact **Susan Foster** with questions at [s.foster@poehealth.org](mailto:s.foster@poehealth.org)

Door prizes will be given! NC Substance Abuse Professional Practice Board hours will be available for adult E-Cigarettes 101 session. See [poehealth.org/events](http://poehealth.org/events) for more info.