

NEWS RELEASE
FOR IMMEDIATE RELEASE
July 31, 2013



Contact: Ann Rollins
(919) 231-4006 ext. 302
A.Rollins@poehealth.org

Poe Center Announces Gale Adcock to be Keynote Speaker at 2013 Annual Meeting

SAS Chief Health Officer & Cary Town Council Member will speak on "A Year of Good Health"

Raleigh, N.C. – On Wednesday morning, September 18, 2013, Gale Adcock, Chief Health Officer for SAS Institute and Cary Town Council Member, will address approximately 100 members of the business community at the Alice Aycock Poe Center for Health Education's 2013 Annual Meeting. The event will feature breakfast as attendees gather at the Poe Center's Raleigh facility to recognize generous community members and volunteers dedicated to improving the health of North Carolina's children.

Adcock, an RN and family nurse practitioner, serves not only at SAS and as Cary's Mayor Pro-Tem, but also as an adjunct faculty member at Duke University, University of North Carolina and East Carolina University. Adcock is a grassroots advocate for public policy that advances health in its broadest sense.

Whether helping patients manage a chronic illness; coaching individuals who want to stop using tobacco; teaching graduate students how to navigate the legislative system or making land use decisions that increase Cary's walkable neighborhoods and open space, Adcock's lifetime goal is to have a positive impact on the lives of individuals, families and communities, improving their health status and quality of life.

Joe Bryan, Chairman of the Wake County Board of Commissioners, will introduce Adcock during the Poe Center's meeting as well as his goal for Wake County to become the healthiest capital county in the nation. Bryan has worked to improve the health and education needs in Wake County and North Carolina for more than twenty years. Among other initiatives, Bryan has served as President of the NC Association of County Commissioners, Co-Chair of the Wake County Community Assessment Committee, Chairman of the Sustainability Task Force, and on the Board of Directors for the Poe Center and Passage Home, and Board of Advisors for The North Carolina New Schools Project.

The 2013 Annual Meeting marks the Poe Center's twenty-first year of successful delivery of essential health education to North Carolina's children and families. Since 1991, the Poe Center has served close to one million North Carolinians.

"Our Annual Meeting enables us to continue to educate and recognize North Carolinians making positive health choices," said Ann Rollins, Executive Director for the Poe Center. "Joe Bryan and Gale Adcock represent this personally and professionally. We are excited to hear what they will share related to the health of our towns and Wake County. "

Media Opportunity

What: Alice Aycock Poe Center for Health Education 2013 Annual Meeting

When: Wednesday, September 18, 2013

Where: Poe Center, 224 Sunnybrook Rd. Raleigh, NC 27610

About the Poe Center

Incorporated in 1985, the Alice Aycock Poe Center for Health Education is a 501(c)(3) nonprofit that delivers health education programs to children, youth and adults across the State of North Carolina. Since opening a flagship teaching facility in 1991, the Poe Center has served approximately one million North Carolinians. For additional information on the Poe Center, please visit www.poehealth.org.

###