

Mental Health First Aid (MHFA)

In partnership with the
Fuquay-Varina Police Department



December 11, 2023

9:00 a.m. - 5 p.m.

Mental Health First Aid for Adults teaches people how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions.

Location: Fuquay-Varina Police Department

401 Old Honeycutt Road | Fuquay-Varina, NC 27526

RSVP required

Sign up here or scan the QR code to register by Dec. 7th, 2023:

<https://www.eventbrite.com/e/745214615977?aff=oddttdcreator>

Questions? Email Jessica Fowler at j.fowler@poehealth.org

Learn more: [PoeHealth.org](https://www.poehealth.org)