

*Looking for a FUN way for your youth to learn cooking skills, gain insight into healthy eating habits, and spend their Wake County teacher workday in an educational environment?
Register your youth for Cooking Day Camp!*

REGISTER TODAY

- WHO:** Youth ages 10-15
- WHAT:** Cooking Day Camp
- WHEN:** November 7, 2023
February 20, 2024
March 9, 2024
10:00 a.m.— 1:00 p.m.
- WHERE:** The Poe Center for Health Education
224 Sunnybrook Road
Raleigh, NC 27610
- HOW:** Register online at:
www.poehealth.org/events
- CONTACT:** Lauren McCallum,
Nutrition Asst. Director
(919) 231-4006
l.mccallum@poehealth.org

Three sessions are available:
November 7: "Battle of the Breads"
February 20: "Taco Tuesday"
March 9: "Camper Cook-Off"
Visit our website for full descriptions of each session.

Cost is \$25/session. Campers may attend one day, two days, or all three.



DETAILS AVAILABLE AT:
www.poehealth.org