

Youth Mental Health First Aid (YMHFA)

In partnership with the
Fuquay-Varina Police Department



November 30, 2023
9:00 a.m. - 5 p.m.

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Location: Fuquay-Varina Police Department

401 Old Honeycutt Road/ Fuquay-Varina, NC 27526

RSVP required



Sign up here or scan the QR code to register by Nov 29th, 2023:

<https://www.eventbrite.com/e/youth-mental-health-first-aid-in-person-tickets-743672503477?aff=oddtcreator>

Questions? Email Jessica Fowler at j.fowler@poehealth.org

Learn more: PoeHealth.org