

# Mental Health First Aid: Public Safety



**Johnston County Health Department  
517 N Brightleaf Blvd | Smithfield, NC 27577**

**March 15, 2024  
9 a.m. - 5 p.m.**

Mental Health First Aid (MHFA) for Public Safety teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. This evidence-based training promotes open dialogue, reduces stigma, and encourages officers to seek support when needed. MHFA for Public Safety can help create a healthier, more resilient, and more productive department.

We are limited to 30 participants - sign up today to reserve your spot. If the session is full, we will contact you and let you know that we have added you to a waiting list and you will also be notified first of any upcoming sessions.

*RSVP Required*

**Sign up here:**

**<https://www.poehealth.org/events/mental-health-first-aid-public-safety/>**

Questions? Email Jessica Fowler at [j.fowler@poehealth.org](mailto:j.fowler@poehealth.org)

**Learn more: [PoeHealth.org](https://www.poehealth.org)**