The Community Resilience Model (CRM)®

December 18, 2026

The Poe Center is excited to present
The Community Resilience Model.

The Community Resilience Model (CRM)®

WHAT: The Community Resilience Model

WHERE: Hocutt-Ellington Memorial Library
100 South Church St
Clayton, NC 27520

WHEN: December 18, 2026
2:00 p.m. - 4:00 p.m.

REGISTER:
https://www.poehealth.org/crm-121826

QUESTIONS: j.fowler@poehealth.org
www.poehealth.org



Program Description

The Community Resilience Model is evidence-based and trains community members to support themselves and others within their community. The primary focus of this skills-based, stabilization program is to reset the natural balance of the nervous system. The goal is to help create “trauma-informed” and “resilience-focused” communities that share a common understanding of the impact trauma and chronic stress have on the nervous system and how resilience can be restored or enhanced through this approach. Participants will learn practical tools to help balance their nervous system through engaging in hands-on activities, discussions, and practice.



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Dental Health | CookWELL Kitchen | Bullying Prevention | MindWELL Mental Wellness